MENU

FRIDAY

DINNER:
- Assorted lasagna
- Tossed salad w/dressing
- French bread
- popcorn for campfire gathering
- marshmallows for campfire gathering

SATURDAY

BREAKFAST:
- muffins & danishes
- fresh fruit (grapes, oranges, bananas, a
- cereal
- bagels & cream cheese

LUNCH:
- luncheon meat & sandwich bread
- chips
- tossed salad, carrots, broccoli w/dressin
- pasta salad

DINNER/BARBECUE:
- hamburgers, hotdogs, chicken breasts, \
- hamburger & hot dog buns
- baked beans (reg. and veg.)
- salads (potato, tossed, etc.)
- sandwich fixin's (lettuce, tomato, onion,
- macaroni & cheese
- steamed vegetables
- corn-on-the-cob
- desserts (cakes, cookies, ice cream)
- watermelon

SUNDAY

BRUNCH:
- assorted quiches
- croissants w/ butter & jelly
- sausages & salmon patties
- danishes, muffins, & cinnamon rolls
- hash browns
- sliced melon

MISCELLANEOUS

BEVERAGES
- Juices (orange, apple, cranberry)
- Sodas (cans)
- Spring water
- Ice
- coffee/tea and accessories (sugar, crea
- milk (2%)
- ice tea/punch

SUPPLIES/PAPER PRODUCTS
- plates (sm. & lge.), bowls, cups (styrofo
- plastic utensils, napkins
- charcoal, lighter fluid
- condiments (ketchup, mustard, mayo, bb
- salt & pepper
- foil, plastic wrap, paper towels, zip-loc b
- foil pans
- citronellla candles
- dish soap
- peppermints

SECOND SUNDAY'S FREEDOM RETREAT BUDGET			
PROJECTED REVENUES:			
Participant fees ($35 for members/$50 for nonmembers)	40	$35.00	$1,400.00
		$50.00	
TOTAL PROJECTED REVENUES:			$1,400.00
PROJECTED EXPENSES:			
Lodging (2 nights--$25 per person per night)			
Chalet #1 (sleeps 16)		$800.00	
Chalet #2 (sleeps 8+)		$400.00	
Chalet #3 (sleeps 8)		$400.00	
Chalet #4 (sleeps 8)		$400.00	
Total Lodging Expenses			$2,000.00
Meals (5 - dinner, breakfast, lunch, barbecue, brunch)			$821.61
Van rental for cargo/food transport			$175.00
TOTAL PROJECTED EXPENSES:			$2,996.61
NET AMOUNT TO BE SUBSIDIZED:			($1,596.61)

June 13, 1997

Dear Retreat Participant:

Congratulations on being a participant in Second Sunday's first Freedom Retreat Weekend. We have planned a weekend that will expand your mind, search your heart, and possibly shape your future. We are glad to have you on board for this fantastic journey.

To insure this weekend's success, we need your cooperation, patience and positive energy. Each of us has invested our time and energy into this weekend; therefore, each of us as participants is responsible for doing our share to pull this off.

The facilities at Sassafras Ridge Mountain Retreat will provide bedding, and the committee will provide the supplies for meals as shown on the enclosed menu. In addition to your personal clothing and toiletry items, please bring your own bath linens and any other items that could reasonably add to the comfort of your stay. At the end of this letter is a list of suggested items that you may want to consider as you pack. Please be mindful that cargo space may be limited in the vehicles.

Everyone should meet at the Atlanta Lambda Center parking lot (828 W. Peachtree St. at Biltmore Place) on Friday, June 18 @ 5 p.m. in order to leave no later than 5:30 p.m. Those of you who have agreed to drive, should be road ready so we can form carpools and caravan from that location. Since we will have a caravan of at least 10 vehicles, everyone should get familiar with the directions in the event of separation.

Upon our arrival at Sassafras Ridge, we will gather for dinner, orientation, and chalet assignments. We've tried to take into consideration any special lodging requests; however, we had to work within the limitations of the available spaces. We've assigned you to chalets based on the number and type of sleeping accommodations available. One of your first teambuilding and bonding exercises will be deciding upon the sleeping arrangements in your chalet.

As you'll see on the enclosed schedule, we've got a very full weekend ahead of us. To make the most of our time, we need to be aware of the scheduled events and plan our time accordingly. Since we're all on the same schedule, that means we've go to respect each other's time and the space we share. In particular, bathroom time will be a precious commodity to manage carefully. Meal time may be

SECOND SUNDAY'S FREEDOM RETREAT

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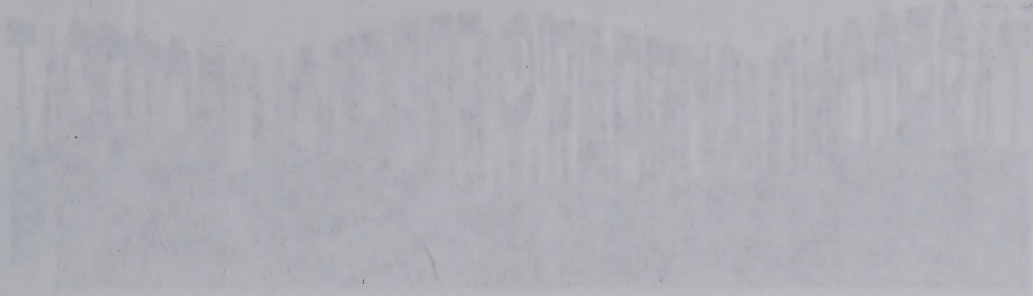
12:00 p.m.	Clean up and departure



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Any questions about the facilites, directions, supplies, or the retreat may be addressed to Darryl! at 404-892-7593, Kenneth A. Johnson at 404-355-5739 or any of the other Retreat/Workshop Committee members. Thank you in advance for making Second Sunday's first Freedom retreat a success.

Yours in brotherhood,
The Retreat/Workshop Committee

Suggested items:
towels
comfortable, casual clothing and sturdy shoes
flashlights
bug repellant
favorite snacks
movies, cards, games or group entertainment activities
pillows
any special food or beverage items

The Retreat/Workshop Committee

Carlos Cordero
Darryl!
Ulester Douglas
Lanfry Funches
Kenneth A. Johnson
John Peterson
Craig Washington

#4

SECOND SUNDAY'S FREEDOM RETREAT

July 1997

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flashlights
bug repellant
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any special food or beverage items

The Retreat/Workshop Committee

Carlos Cordero
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12:00 p.m.	Clean up and departure (See Special Attractions enclosure for post retreat activities)

MENU

FRIDAY
Dinner
Assorted lasagna and pasta dishes
with salad and bread

SATURDAY
Breakfast
muffins & danishes
fresh fruit
cereal
bagels & cream cheese

Lunch
sandwiches
chips
tossed & pasta salads
vegetables

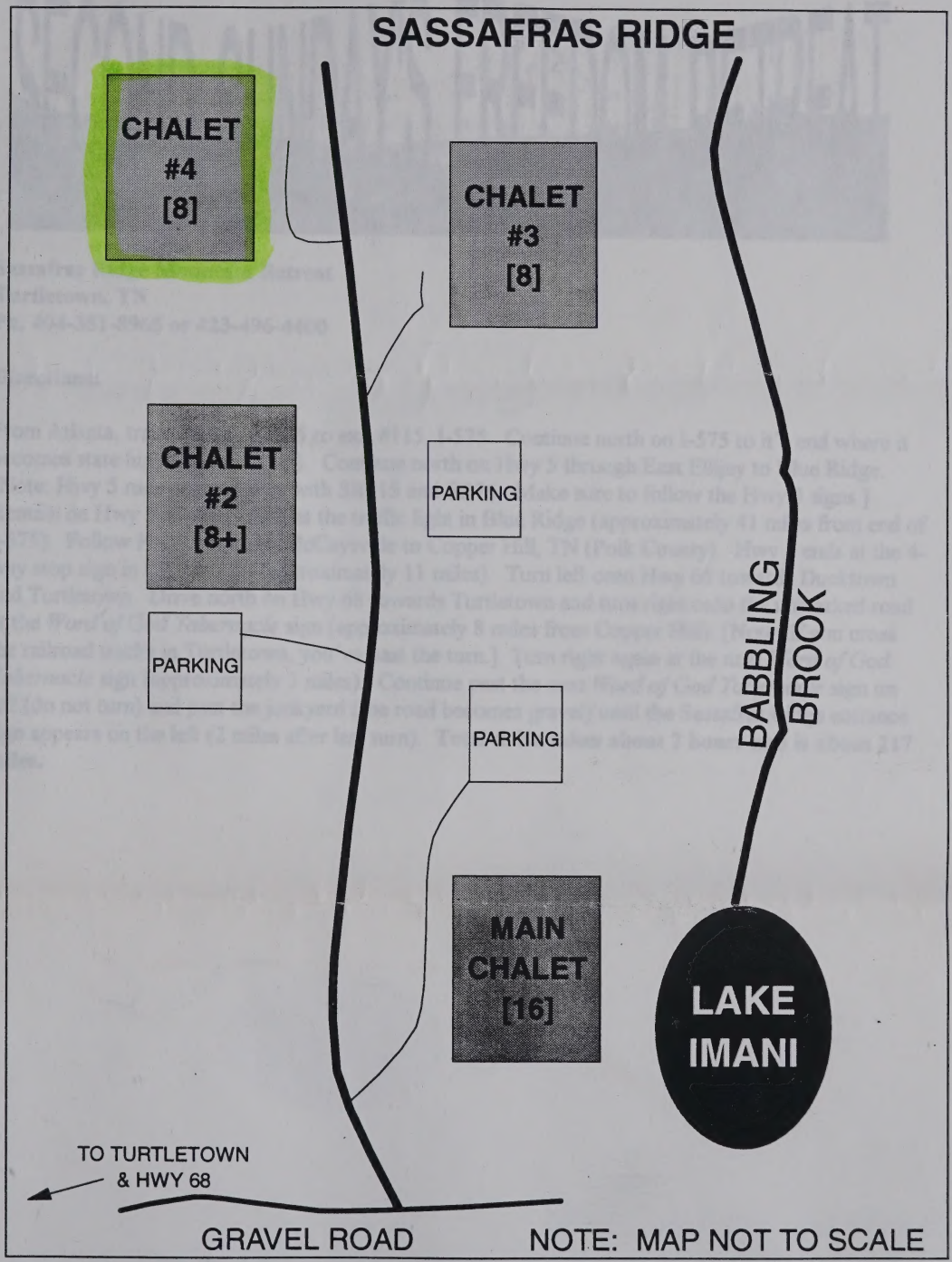
Dinner/Barbecue
beef & veggie burgers
hotdogs
chicken breasts
baked beans
assorted salads
macaroni & cheese
steamed vegetables
corn-on-the cob
assorted desserts

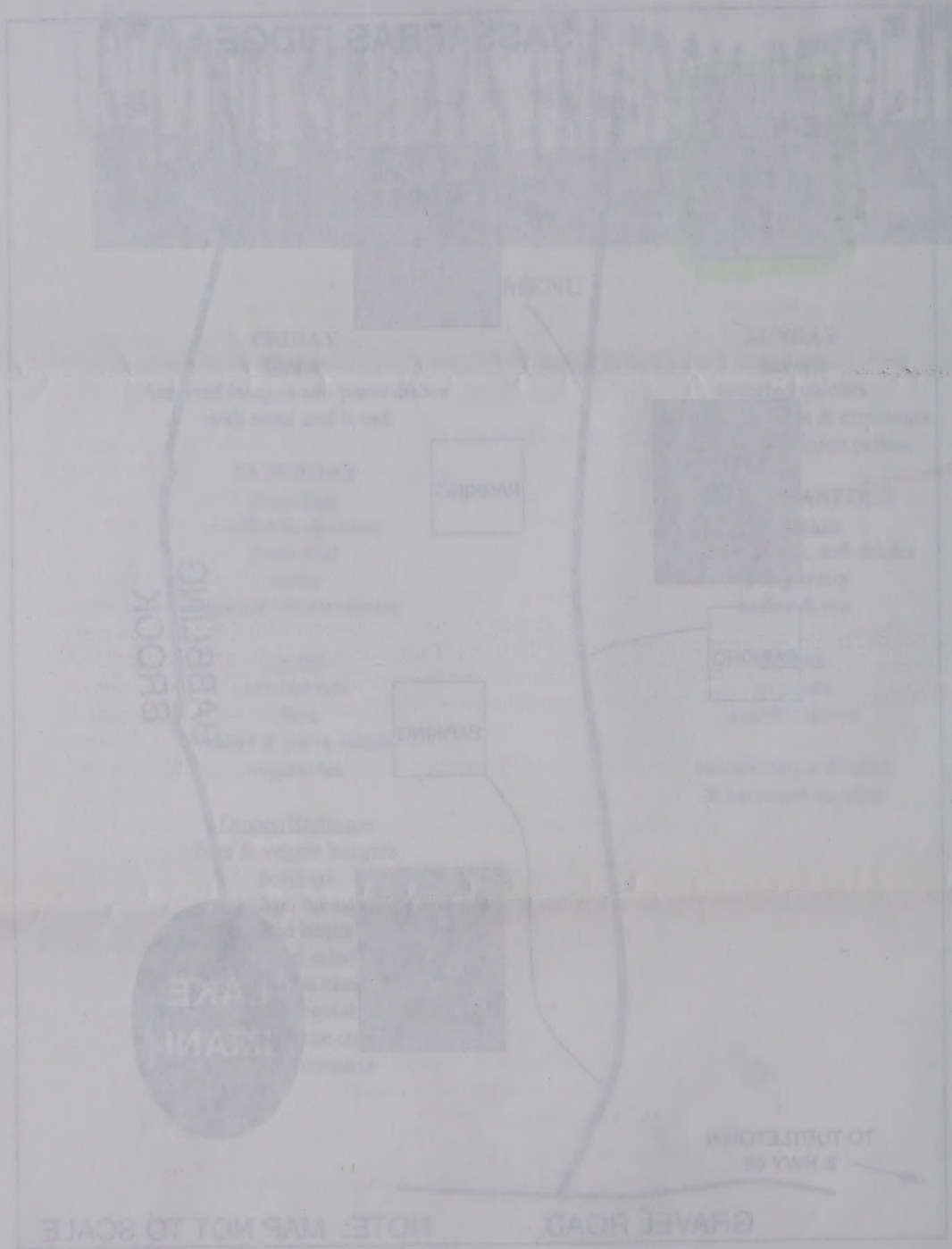
SUNDAY
Brunch
assorted quiches
danishes, muffins & croissants
sausages & salmon patties

MISCELLANEOUS
Beverages
assorted juices, soft drinks
spring water
coffee & tea

Snacks
popcorn
marshmallows

miscellaneous kitchen
& barbecue supplies

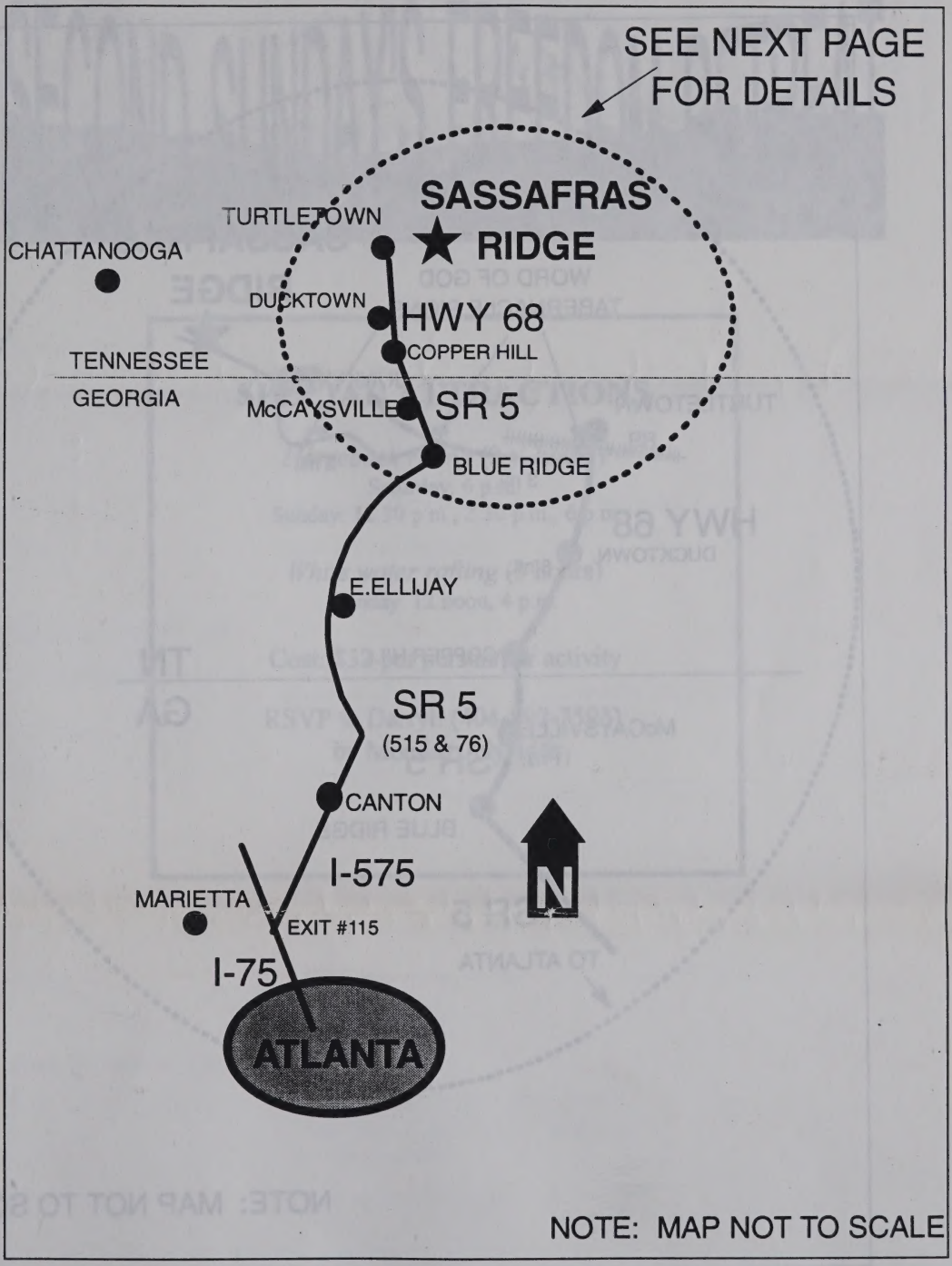

SASSAFRAS RIDGE
CHALET #4 [8]
CHALET #3 [8]
CHALET #2 [8+]
PARKING
PARKING
PARKING
MAIN CHALET [16]
BABBLING BROOK
LAKE IMANI
TO TURTLETOWN & HWY 68
GRAVEL ROAD
NOTE: MAP NOT TO SCALE


BROOK
PARKING
PARKING
PARKING
TO TURTLETOWN
& HWY 65
GRAVEL ROAD
NOTE: MAP NOT TO SCALE

Sassafras Ridge Mountain Retreat
Turtletown, TN
Ph. 404-351-8965 or 423-496-4400

Directions:

From Atlanta, travel north on I-75 to exit #115, I-575. Continue north on I-575 to it's end where it becomes state highway 5 (Hwy 5). Continue north on Hwy 5 through East Ellijay to Blue Ridge. [Note: Hwy 5 runs concurrently with SR515 and SR76. Make sure to follow the Hwy 5 signs.] Remain on Hwy 5 as it turns left at the traffic light in Blue Ridge (approximately 41 miles from end of I-575). Follow Hwy 5 through McCaysville to Copper Hill, TN (Polk County). Hwy 5 ends at the 4-way stop sign in Copper Hill (approximately 11 miles). Turn left onto Hwy 68 towards Ducktown and Turtletown. Drive north on Hwy 68 towards Turtletown and turn right onto the unmarked road at the *Word of God Tabernacle* sign (approximately 8 miles from Copper Hill). [Note: If you cross the railroad tracks in Turtletown, you've past the turn.] Turn right again at the next *Word of God Tabernacle* sign (approximately 3 miles). Continue past the next *Word of God Tabernacle* sign on left (do not turn) and past the junkyard (the road becomes gravel) until the Sassafras Ridge entrance sign appears on the left (2 miles after last turn). **Total drive takes about 2 hours and is about 117 miles.**


SEE NEXT PAGE
FOR DETAILS
SASSAFRAS
RIDGE
TURTLETOWN
CHATTANOOGA
DUCKTOWN
HWY 68
COPPER HILL
TENNESSEE
GEORGIA
McCAYSVILLE
SR 5
BLUE RIDGE
E.ELLIJAY
SR 5
(515 & 76)
CANTON
I-575
N
MARIETTA
EXIT #115
I-75
ATLANTA
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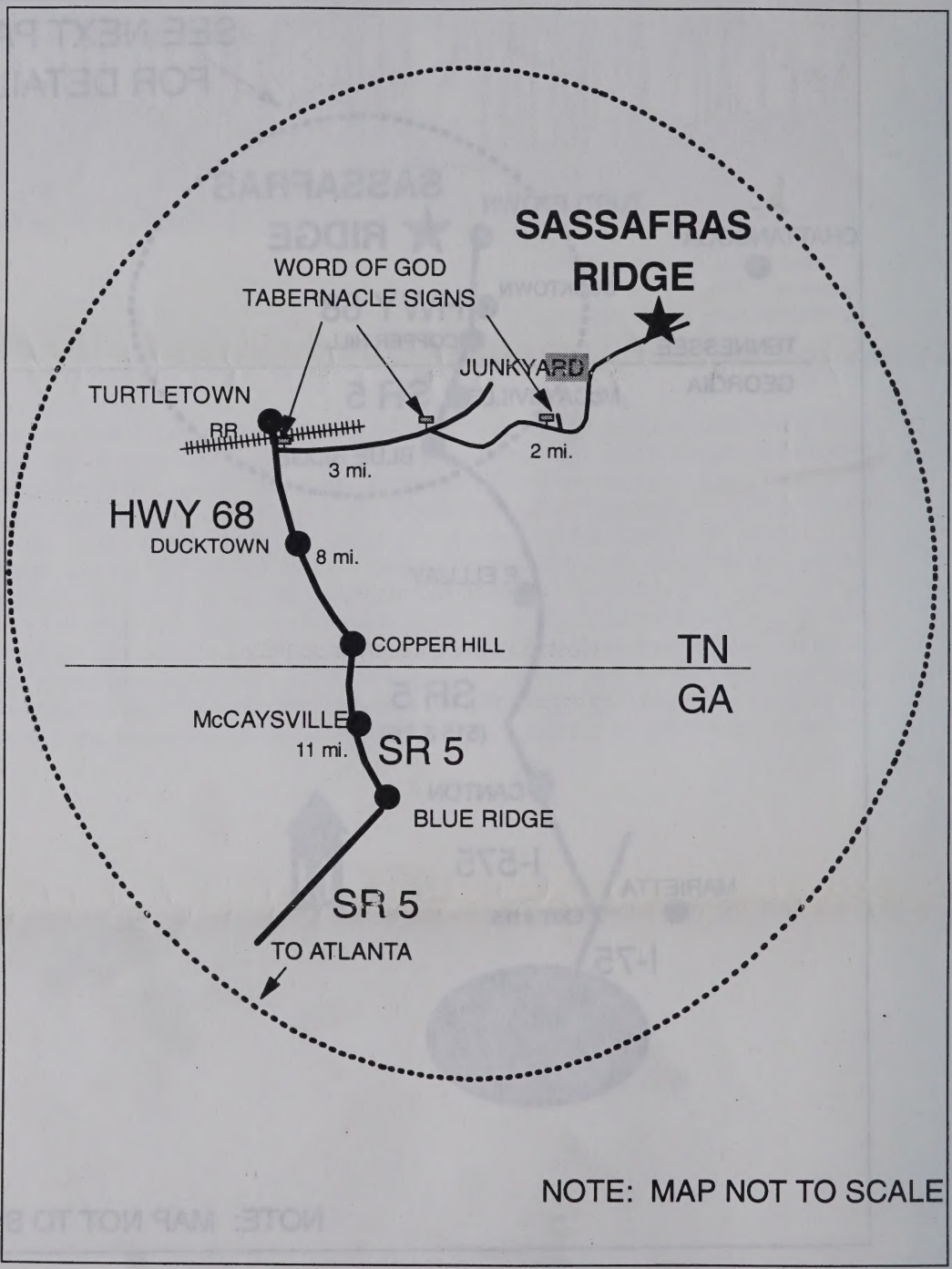


NOTE: MAP NOT TO SCALE

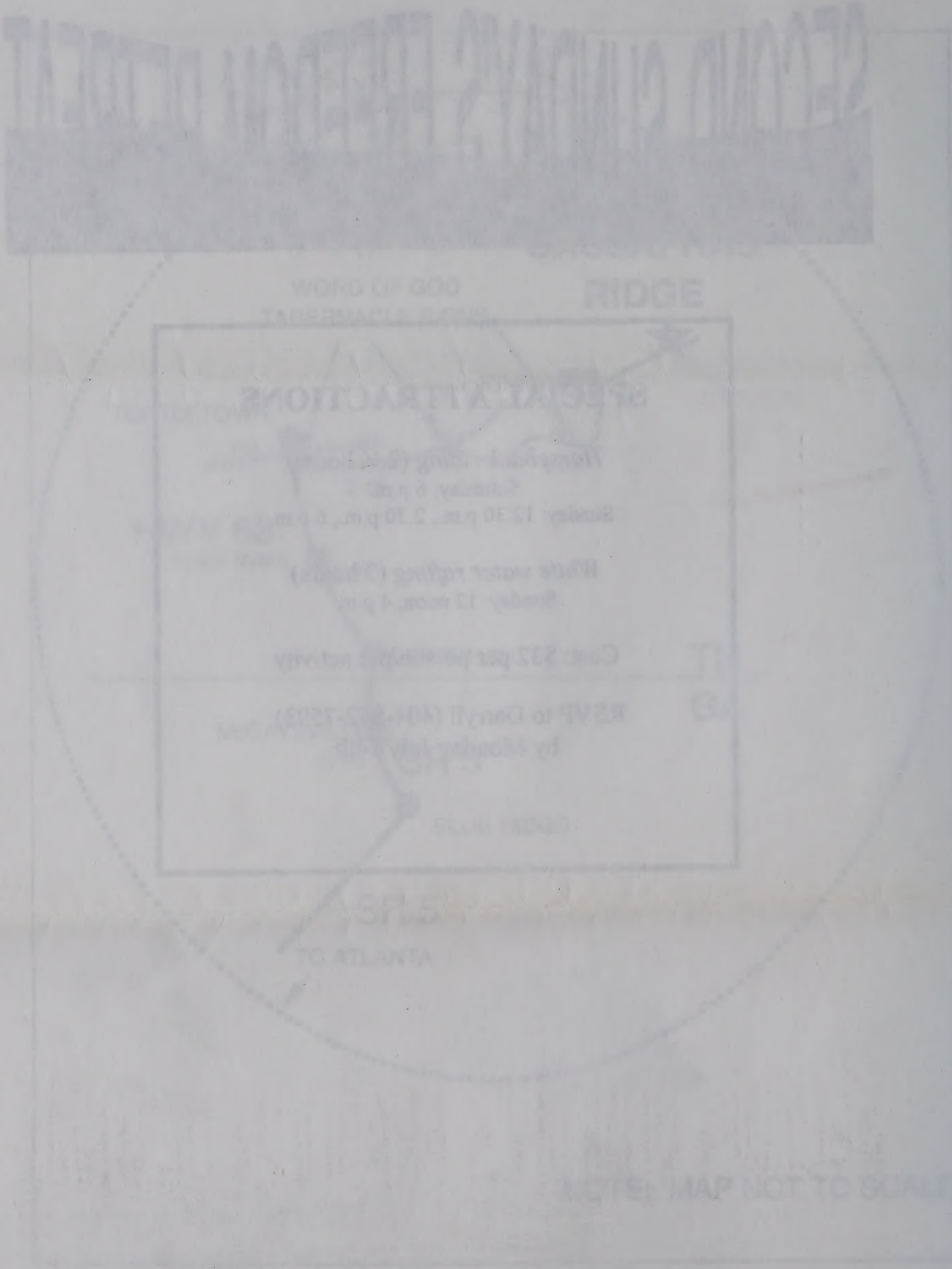
SPECIAL ATTRACTIONS

Horseback riding (2 ½ hours)
Saturday: 6 p.m.
Sunday: 12:30 p.m., 2:30 p.m., 6 p.m.

White water rafting (3 hours)
Sunday: 12 noon, 4 p.m.

Cost: $32 per person/per activity

RSVP to Darryl! (404-892-7593)
by Monday July 14th



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- Tossed salad w/dressing
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SUNDAY

BRUNCH:

- assorted quiches
- croissants w/ butter & jelly
- sausages & salmon patties
- danishes, muffins, & cinnamon rolls
- hash browns
- sliced melon

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BREAKFAST:

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- desserts (cakes, cookies, ice cream)
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MISCELLANEOUS

BEVERAGES

- Juices (orange, apple, cranberry)
- Sodas (cans)
- Spring water
- Ice
- coffee/tea and accessories (sugar, crea
- milk (2%)
- ice tea/punch

SUPPLIES/PAPER PRODUCTS

- plates (sm. & lge.), bowls, cups (styrofo
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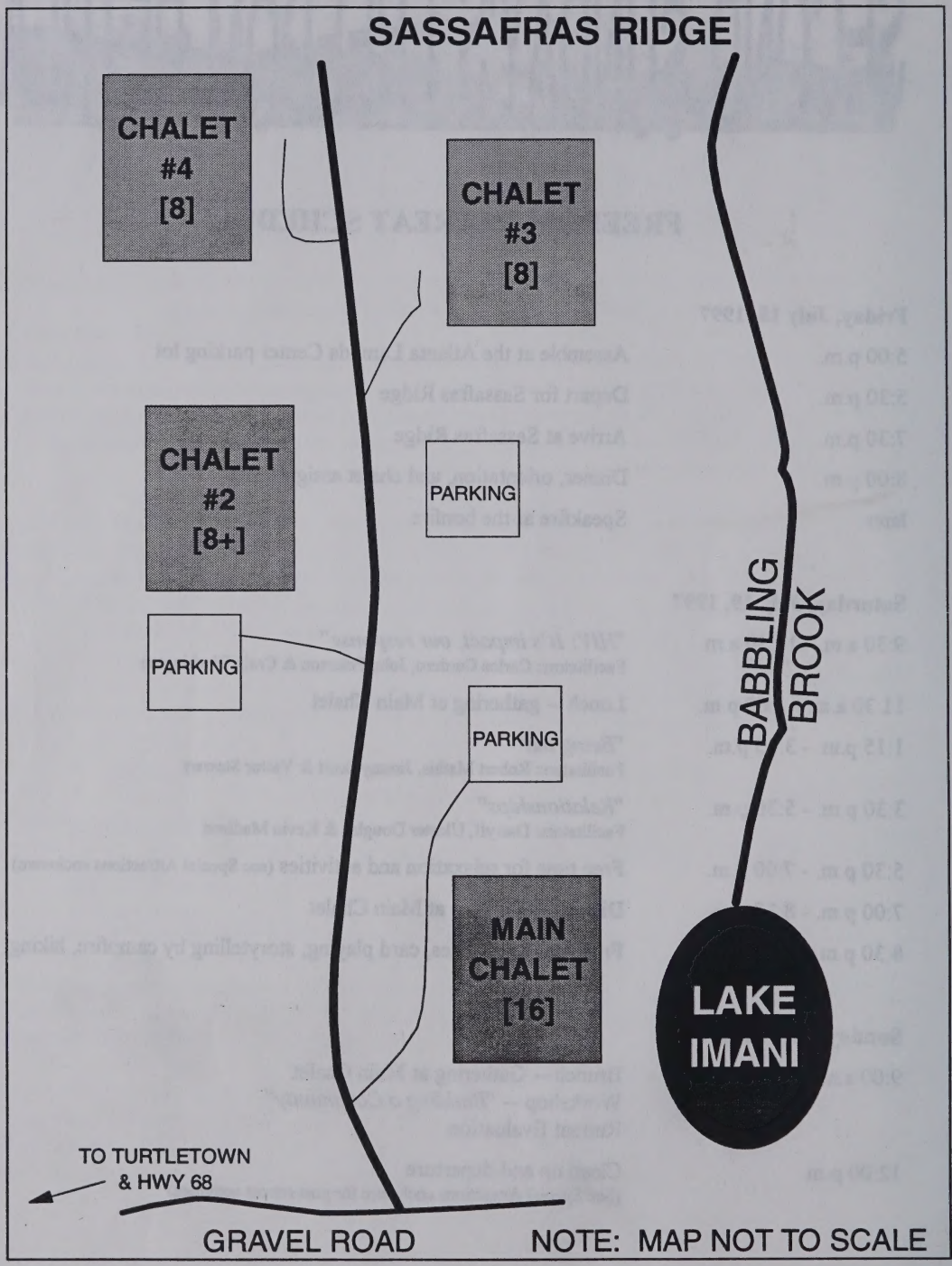
SASSAFRAS RIDGE
CHALET #4 [8]
CHALET #3 [8]
CHALET #2 [8+]
PARKING
PARKING
PARKING
MAIN CHALET [16]
BABBLING BROOK
LAKE IMANI
TO TURTLETOWN & HWY 68
GRAVEL ROAD
NOTE: MAP NOT TO SCALE

2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE_____

FACILITATORS (A)_____
(B)_____
(C)_____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

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4. Was there any idea(s)/issue(s) that was not addressed that should have been?

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5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE_____

FACILITATORS (A)_____
(B)_____
(C)_____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)
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4. Was there any idea(s)/issue(s) that was not addressed that should have been?
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5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE_____

FACILITATORS (A)_____
(B)_____
(C)_____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

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4. Was there any idea(s)/issue(s) that was not addressed that should have been?

_____
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5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationship

FACILITATORS (A) Chester
(B) Kevin
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....(9)...10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....(9)...10

Facilitator B
1....2....3....4....5....6....7....8....(9)...10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....(10)

Facilitator B
1....2....3....4....5....6....7....8....9....(10)

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

_____
_____
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4. Was there any idea(s)/issue(s) that was not addressed that should have been?

_____
_____
_____

5. Were questions answered effectively? Y/N (Please explain)

yes

6. Was the small group discussion helpful? Y/N (Please explain)

~~N/A~~ yes

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

no

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

yes

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE RELATIONSHIPS

FACILITATORS (A) VLEVTEA DOUGLAS
(B) _____
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....(9)....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....(10)

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....(6)....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)
EXCELLENT PRESENTATION, MUCH MORE EFFECTIVE WITH THE DEMOS

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

NO SMALL GROUP DISCUSSIONS

7. What were the most important ideas/info discussed here?

MODELING WAS MOST EFFECTIVE; DEMOS ACTUALLY SHOWED HOW I COULD USE THIS APPROACH.

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationship

FACILITATORS (A) Usleston
(B) _____
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)
Excellent examples

4. Was there any idea(s)/issue(s) that was not addressed that should have been?
none

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

large group was better

7. What were the most important ideas/info discussed here?

excellent

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

NONE

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

YES

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationships

FACILITATORS (A) Kevin / I
(B) Ulester
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....(10) (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....(8)...9....10

Facilitator B
1....2....3....4....5....6....7....8....9....(10)

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....(8)...9....(10)

Facilitator B
1....2....3....4....5....6....7....(8)...9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)
Good Preparation

4. Was there any idea(s)/issue(s) that was not addressed that should have been?
None

5. Were questions answered effectively? Y/N (Please explain)
Worksheets were helpful

6. Was the small group discussion helpful? Y/N (Please explain)
Needed more of this; more time

7. What were the most important ideas/info discussed here?
Introspection / Process

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Creating Conscious Relationships

FACILITATORS (A) Wesley Douglas
(B) Kevin Madson
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....(9)....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....(10)

Facilitator B
1....2....3....4....5....6....7....8....9....(10)

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....(8)....9....10

Facilitator B
1....2....3....4....5....6....7....(8)....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

_____
_____
_____

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

_____
_____
_____

2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationships

FACILITATORS (A) Ulester
(B) Kevin
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....(10) (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....(10)

Facilitator B
1....2....3....4....5....6....7....8....9....(10)

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....(9)...10

Facilitator B
1....2....3....4....5....6....7....8....9....(10)

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)
I believe the commentary ~~is~~ about the relationship issue (i.e. models after parents) was very useful for me.

4. Was there any idea(s)/issue(s) that was not addressed that should have been?
I was concerned about being able to transfer these skills in other non-romantic relationships.

5. Were questions answered effectively? (Y)/N (Please explain)
I think so. Maybe next time more discussion of individual experiences (at least for me) clarifies concepts I am not so ready to hear sometimes

6. Was the small group discussion helpful? (Y)/N (Please explain)
Yes. I think people tend to feel safer in smaller groups. I know I do.

7. What were the most important ideas/info discussed here?
Recognizing what it was that I do, to inhibit growth. I love the challenge.

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4....(5) Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?
Having to realize I must, again, move from "they, they, they" to "me" and finally "us."

10. Were you physically comfortable in this space? (Y)/N
(If no, please explain)

Additional Comments
Great facilitators! Well informed, humorous & human. Got work to do

2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationship

FACILITATORS (A) Vester
(B) _____
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

_____
_____
_____

4. Was there any idea(s)/issue(s) that was not addressed that should have been? ?

_____
_____
_____

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

Campbell Dialogue

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Creating Conscious Relationships

FACILITATORS (A) Ulester
(B) Kevin
(C) Rob

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9...(10) (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A Ulester
1....2....3....4....5....6....7....8....9...(10)

Facilitator B Kevin
1....2....3....4....5....6....7....8....9...(10)

Facilitator C Rob
1....2....3....4....5....6....7....8....9...(10)

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9...(10)

Facilitator B
1....2....3....4....5....6....7...(8)...9....10

Facilitator C
1....2....3....4....5....6....7...(8)...9....10

Additional Comments regarding Facilitator(s)
Kevin & Kobi's openness to displaying techniques was brave, and invaluable.

4. Was there any idea(s)/issue(s) that was not addressed that should have been?
Toting garbage / luggage from prior relationships as well as unresolved family issues

5. Were questions answered effectively? (Y)/N (Please explain)

examples of behaviors & dialogue clearly given

6. Was the small group discussion helpful? Y/N (Please explain)

More controllable atmosphere for interaction

7. What were the most important ideas/info discussed here?

making communication an approachable format of interaction

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1....(2)....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? (Y)/N If so, what?

touched many issues personal to old relationships and personal self concept

10. Were you physically comfortable in this space? Y/N (If no, please explain)

too WARM!

Additional Comments

Thank you so much. - group facilitators worked well together.

2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationships

FACILITATORS (A) Vladeta Keren, + Rob
(B) _____
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....(10) (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....(10)

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....(10)

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)
Knew their Facilitating Skills to the utmost of skill

4. Was there any idea(s)/issue(s) that was not addressed that should have been?
They covered it all

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?
Learning how to communicate in healthier ways and to work through our issues in or out of a relationship.

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments
My heart is greatly touched and I'm glad I was apart of this particular group.

2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationships

FACILITATORS (A) Ulysees (Maybe misspelled, Sorry)
(B) _____
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9...(10) (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9...(10)

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9...(10)

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)
excellent information exchanged from facilitator + audience.

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

Out of all the seminars, this one was most meaningful. I felt a lot of self-relating

2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationship

FACILITATORS (A) Lester
(B) Kevin
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....(8)....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....(10)

Facilitator B
1....2....3....4....5....6....7....8....(9)....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....(9)....10

Facilitator B
1....2....3....4....5....6....7....8....(9)....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

_____
_____
_____

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

_____
_____
_____

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

Deal with yourself before you try to deal with someone else.

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationship

FACILITATORS (A) Vlaster
(B) _____
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....(9)....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....(9)....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....(8)....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

4. Was there any idea(s)/issue(s) that was not addressed that should have been? Working on ones self

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE RELATIONSHIPS

FACILITATORS (A) Wester Douglas
(B) Kevin Madison
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

Wester Superb! Kevin good job

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

More discussion of Handling a partner unwilling to Handle his own issues

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

Mirror validation Empathy

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

Once again Fabulous work!

2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationship

FACILITATORS (A) Ulster
(B) Kwin
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

Good info

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

That we as men are loving and can find our soulmates if we are willing to invest the time it takes to make it work

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

The room got to hot!

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE RELATIONSHIPS

FACILITATORS (A) VLESTER DOUGLAS
(B) _____
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

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_____
_____

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

_____
_____
_____

5. Were questions answered effectively? Y/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

Structure of Discussion around Stressful issues

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationships

FACILITATORS (A) Lyle ster
(B) Kevin
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest) please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

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_____
_____

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

_____
_____
_____

5. Were questions answered effectively? Y/N (Please explain)

yes, very informative

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....3.....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

No

10. Were you physically comfortable in this space? Y/N
(If no, please explain)

yes

Additional Comments

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2ND SUNDAY
FREEDOM RETREAT WORKSHOP EVALUATION

WORKSHOP TITLE Relationships

FACILITATORS (A) Kevin
(B) Wesley
(C) _____

1. On a scale from 1 to 10 (1=lowest, 10=highest)please rank how important this workshop topic is for you.

1....2....3....4....5....6....7....8....9....10 (circle one)

2. Was the facilitator knowledgeable and able to present the material clearly?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

3. Did the facilitator encourage discussion from the group?

Facilitator A
1....2....3....4....5....6....7....8....9....10

Facilitator B
1....2....3....4....5....6....7....8....9....10

Facilitator C
1....2....3....4....5....6....7....8....9....10

Additional Comments regarding Facilitator(s)

_____
_____
_____

4. Was there any idea(s)/issue(s) that was not addressed that should have been?

_____
_____
_____

5. Were questions answered effectively? (Y)/N (Please explain)

6. Was the small group discussion helpful? Y/N (Please explain)

7. What were the most important ideas/info discussed here?

8. How comfortable did you feel? Did you feel safe discussing your experiences?

Unsafe 1.....2.....(3).....4.....5 Very Safe

9. Did any part of this program offend or embarass you? Y/N
If so, what?

10. Were you physically comfortable in this space? (Y/N)
(If no, please explain)

Additional Comments

More time for smaller group discussion